## Alcohol Poisoning BEA HERO

## SIGNS AND SYMPTOMS

- Uncontrollable vomiting
- Confusion
- Slow and irregular breathing
- Hypothermia (victim is cold to the touch)
- Pale or bluish skin
- Seizures
- Unconsciousness

## WHAT TO DO

- CALL 911! Do not be afraid!
- The emergency team is more concerned with saving the victim's life than punishing you for illegal activity
- Stay with the victim
- Turn victim on side to prevent choking on own vomit
- Keep victim coughing



## WHAT NOT TO DO

- DO NOT ignore the problem
- DO NOT hide the victim from law enforcement or other adults for fear of own consequences
- DO NOT give the victim coffee
- DO NOT put the victim in a cold bath or shower
- DO NOT allow victim to sleep it off